

**PARKINSON'S
EXERCISE GROUP
TUESDAYS**

**10/6, 10/20, 10/27, 11/10, 11/17 & 11/24
At noon**

No class on 10/13 & 11/3

**Coors Core Fitness
@ Wellington Orthopaedic and Sports Medicine
7575 Five Mile Road
Cincinnati, Ohio 45230
(In Anderson Township)**

\$ 54 for 6 sessions

All participants must be assessed prior to participation. Please call Lisa @513-476-7151 to schedule your assessment.